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Relationship Category	Starting Point	At Completion
Respect		
Love and Kindness		
Forgiveness, Peace and Closure		
Sex and Physical Closeness		
Intimacy and Romance		
Attraction to Your Spouse		
Spousal Health		
Division of Labour		
Fun and Adventure		
Communication		
Parenting or Family Values		
Trust		
Resiliency		
Finances		
Appreciation		
Your Individual Happiness	Starting Point	At Completion
Sleep		
Energy and Vibration		
Health and Body		
Family		
Friends		
Your Career		
Finances		
Mental Health and Mindset		
Fun and Adventure		
Home Life and Location		
Your Love Life/Sense of Connection		
Personal Growth		